

Pre-K At-Home Materials



Please use the following materials as a starting point for having positive, engaging interactions with your preschool child. Play is our most powerful learning tool at pre-K, so take the opportunity to play using one or more of the options below with your child.

At Pershing, we put kids FIRST!

*Families involved *Independence developed *Ready for kindergarten *Social emotional focus *Teach through play

Social Emotional Development:

30.B.ECa Describe self using several basic characteristics.

- ☐ Point to **parts of your body** and tell what they are.
- ☐ What is your favorite **food**?
- ☐ What is your favorite **thing to do inside**?
- ☐ What is your favorite **thing to do outside**?

Math:

6.A.ECa Count with understanding and recognize “how many” in small sets up to 5.

- ☐ Point to and name parts of your body that you have 2 of.
- ☐ Go find 5 of your favorite toys; Point and count your toys.
- ☐ Look for **numbers 0-5** at your house (book, mailbox, etc.).
- ☐ Count and eat 3 pieces of your snack.

Comprehension:

2.A.ECa Engage in book-sharing experiences with purpose and understanding.

- ☐ Child **chooses a new book each day** for an adult to read
*If you do not have a book available, The following link
has many books to choose from. <https://www.storylineonline.net/>

Writing:

5.B.ECa With assistance, use a combination of drawing, dictating, or writing to express an opinion about a book or topic.

- ☐ Draw a picture of yourself & have an adult label with your words.
- ☐ Draw your favorite food & have an adult write your words.
- ☐ Draw your favorite thing to do inside & have an adult write your words.
- ☐ Draw your favorite thing to do outside & have an adult write your words.

Letter/ Sounds:

4.B.ECa With assistance, recite the alphabet.

- ☐ **Sing the alphabet** (Point to each letter when singing).
- ☐ Wash your hands & sing the alphabet at same time.
- ☐ Clap and sing the alphabet at the same time.
- ☐ Sing the alphabet while taking a bath.

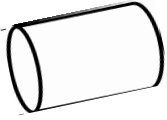
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Science:

11.A.ECa Express wonder and curiosity about their world by asking questions, solving problems, and designing things.

- ☐ Why do we have a belly button?
- ☐ Why can't we break our ears?
- ☐ Try to write with your feet. Why is it hard?
- ☐ Pillowcase Game: Adult puts an item inside a pillowcase and the child **feels** the object without looking to try to figure out what it is.



Social Studies:

16.A.ECb Develop a basic awareness of self as an individual.

- ☐ Look at the picture that you drew. Share your favorite thing about you and **say your first and last name.**
- ☐ Look at the picture of your favorite food. Explain why it is your favorite?
- ☐ Draw a picture of your family and **say each person's first and last name.**
- ☐ Build your house and **say your address with city and state** (blocks, boxes, cans).



Arts / Music:

25.A.ECa Movement and Dance: Build awareness of, explore, and participate in dance and creative movement activities.

- ☐ Make a birthday cake (play-doh, draw, or make) and sing 'Happy Birthday.' Then tell the adult how old you are and the date of your birthday.
- ☐ Sing 'Way up High in the Apple Tree.'
<https://www.youtube.com/watch?v=fKmFHRrkFuQ>
- ☐ Listen to your favorite music and have a dance party.
- ☐ Have a parade. March around the house playing instruments (use pots as drums, pot lids as cymbals, etc.).

Physical Development and Health:

19.A.ECa Engage in active play using gross- and fine-motor skills.

- ☐ Do the movements with the song 'Head and Shoulders.'
- ☐ Pot Toss: Use a kitchen pot and pairs of rolled up socks.
- ☐ Have a Dance Party while listening to your favorite music.
- ☐ Have a parade. March around the house playing instruments (use pots as drums, pot lids as cymbals, etc.).

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